



## Paediatric policy on continence product provision

In line with most other NHS health providers, The Royal Devon University Healthcare NHS Foundation Trust may provide continence products on prescription from the age of 5 years old, for those children with a physical or learning disability that impacts directly on their ability to achieve continence over a 24 hour period.

The Paediatric Bladder and Bowel Care Service follows the Guidance for the provision of continence containment products to children and young people (2021) (Bladder and Bowel UK [www.bbuk.org.uk](http://www.bbuk.org.uk)).

All children should have a documented assessment and a trial of toilet training undertaken, if appropriate, prior to the issue of any product.

If full continence is not achievable, then healthy bladders and bowels should be promoted at all times.

The child will be kept under review by the assessing nurse, with the provision of suitable containment products as provided by the contracted provider of continence products for The Royal Devon University Healthcare NHS Foundation Trust.

Disposable pants are not prescribed.

Products are not prescribed as containment for a treatable condition such as night time wetting or soiling in relation to constipation, or for children who do not sit on the toilet to have their bowels open.

Products are not prescribed for use during menstruation

Products are not prescribed for night time wetting once day time continence is managed without products.

Products are not prescribed for an acute illness that results in a temporarily increase in the number of products required. Information will be given on where/how to access more.

## Useful links

- ERIC The Children's Bowel and Bladder Charity  
Website: [www.eric.org.uk](http://www.eric.org.uk)
- Bladder and Bowel UK  
Supporting people with bladder and bowel problems  
Tel: 0161 607 8219  
Website: [www.bladderandboweluk.co.uk](http://www.bladderandboweluk.co.uk)
- TENA – [www.tenadirect.co.uk](http://www.tenadirect.co.uk)

## Further information

### Paediatric Bladder & Bowel Care Service

& R P S W R Q + R X V H X Y D Q N V L Y & H Z M U H D \ + D B R Z W R Q W Q D G X H W U L  
( [ H W H U ( ; + 8

Tel: 01392 208044

Email: [ndht.pbbc@nhs.net](mailto:ndht.pbbc@nhs.net)

---

## PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email [ndht.pals@nhs.net](mailto:ndht.pals@nhs.net). You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

## Have your say

Royal Devon University Healthcare NHS Foundation Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at [www.careopinion.org.uk](http://www.careopinion.org.uk).

---

Royal Devon University Healthcare NHS Foundation Trust  
Raleigh Park, Barnstaple  
Devon EX31 4JB  
Tel. 01271 322577  
[www.royaldevon.nhs.uk](http://www.royaldevon.nhs.uk)

© Royal Devon University Healthcare NHS Foundation Trust  
This leaflet was designed by the Communications Department.  
Email: [ndht.contactus@nhs.net](mailto:ndht.contactus@nhs.net)