



Your child's discharge from the Day Surgery Unit

Recovery from general anaesthetic

Ensure that your child takes it easy for the remainder of the day and has a quiet day tomorrow. It is not unusual for your child to feel tired for the next few days. If it is a school week, your child will need the next day off and must have an adult with him/her during this time. The doctor or nurse will advise if your child needs longer off of school. This will depend on what operation your child has had.

Occasionally children may feel sick or even vomit after they have left hospital, especially during the car journey home. Ensure that your child drinks plenty of fluids as this will help your child recover more quickly.

Your child may have possible side effects from having anesthesia such as nausea and dizziness and so should not have a bath or shower for 24 hours post operatively.

It is normal for your child to experience some pain. Drugs containing paracetamol, e.g. Calpol, are suitable. Ibuprofen can be given in addition to paracetamol if your child has had no adverse reactions to ibuprofen. Do not give more than the recommended dose for your child's age group.

Further information

Day Surgery Unit

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Have your say

Northern Devon Healthcare NHS Trust aims