

# Your local NHS and CARE services are here for you

This guide could save  
your life – keep it in a  
safe and accessible place

For more  
information,  
scan the  
QR code



Produced by the NHS in Devon:

- 01392 674 801
- [D-ICB.Communications@nhs.net](mailto:D-ICB.Communications@nhs.net)

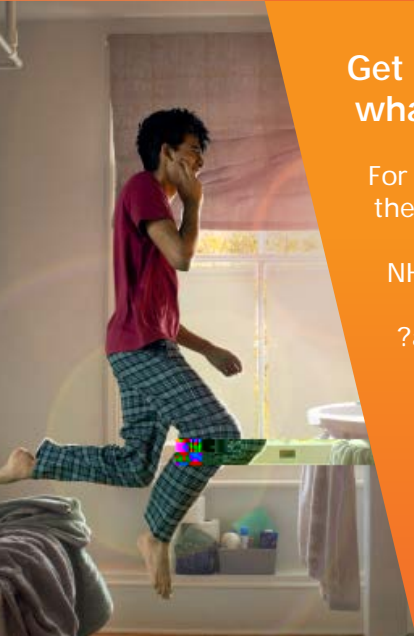
# Click or call 111 first

Get the care you need no matter what the problem

For urgent, non-life-threatening medical care, contact the NHS at [www.111.nhs.uk](http://www.111.nhs.uk) or call 111

NHS 111 is open 24-hours a day, seven-days a week

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An advertisement for the NHS App. It features a woman named Elizabeth, a social worker, who is smiling and holding a smartphone. A speech bubble next to her says, "I use the NHS App to check my GP medical record and book appointments". Below her, a banner reads "Elizabeth, social worker". At the bottom, there are buttons for "Download the NHS App" and "App", along with logos for the App Store and Google Play. The background is a solid blue color.



**For help and advice on care and support at home and other services, contact your local council**

**Devon County Council**

- General advice: 0345 155 1007
- Carer's advice: 03456 434 435

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# Planned care advice

The NHS is working together to ensure people who need planned procedures can be treated as quickly and safely as possible

The people with the most urgent needs and those who have been waiting the longest are being prioritised

If you are due to have a routine procedure at your local hospital, you do not need to contact your GP or local hospital about your appointment

You have not been forgotten, and they will contact you once an appointment is available

For more information, advice and support, visit:  
[www.myplannedcare.nhs.uk](http://www.myplannedcare.nhs.uk)

We are **recruiting**

Do you want to make a difference to people's lives?

There are many rewarding jobs and career opportunities in care and health right now

You don't necessarily need qualifications or previous work experience

What's important are your core skills and values and your attitude towards working with people who need care

Visit: [OneDevon.org.uk/careers](http://OneDevon.org.uk/careers)

